

# 30-Day Circular Challenge

Complete as many squares as you can related to each program theme for a fun way to take action and support the circular economy.

B	I	N	G	O	BONUS
Construction	Textiles	Electronics	Plastics	Food	Share, repair, reuse
<p>Research local green home retrofit grants</p> 	<p>Swap a garment with someone</p> 	<p>Pledge to avoid unnecessary device upgrades</p> 	<p>Refuse a single-use item</p> 	<p>Make a meal plan and avoid buying excess groceries</p> 	<p>Show your efforts to share, reuse or repair on social media #CircularCanada</p> 
<p>Need a new tool for a construction project? Borrow or rent</p> 	<p>Commit to not buying new clothes for a month</p> 	<p>Unplug electronics not in use to limit phantom energy use</p> 	<p>Choose a restaurant or store that offers reuse for takeout</p> 	<p>Compost food waste at home</p> 	<p>Organize or attend a clothing swap with friends or a local group</p> 
<p>Winter-proof your home to save energy on heating</p> 	<p>If you do need to shop, purchase secondhand</p> 	<p>Bring old electronics to a e-recycling drop off</p> 	<p>Visit a refillery or bulk store</p> 	<p>Make a meal using food scraps or get creative with leftovers</p> 	<p>Fix something for someone else</p> 
<p>Try a DIY project using materials around your home</p> 	<p>Spend an hour learning to sew</p> 	<p>Replace disposable batteries at home with re-chargeable</p> 	<p>Pack reusables with you</p> 	<p>Donate excess shelf-stable food</p> 	<p>Give an unwanted item to someone</p> 
<p>Donate unwanted renovation material to 'Buy Nothing' page or re-store</p> 	<p>Repair a piece of clothing</p> 	<p>Donate old devices</p> 	<p>Pick up 5 pieces of plastic waste outside</p> 	<p>Support local farmers / businesses that use circular practices</p> 	<p>Use shared transportation (bus, bike or scooter)</p> 

Play solo or team up with friends and colleagues — and don't forget to share your results on social media! #CircularCanada